Connected Care and YOU

A presentation on Veterans Health Administration Telehealth offerings

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U.S. Department of Veterans Affairs

Veterans Health Administration Office of Connected Care

Welcome to Connected Care

VA's goal is to enable each Veteran to engage with VA when they want, where they want, and in line with their personal health goals. It is important that every Veteran is given the opportunity and the support they need to try telehealth with their Care Team



VA Telehealth Services

So, what do we offer?

- Urgent care and same day appointments
- Pre-procedure education
- Routine care and chronic disease management
- Post-procedure wound checks
- Semi-annual primary care follow-ups
- Lab results
- Whole health
- MOVE!
- Mental health
- Family Connect
- Physical therapy
- Health Education



At Home



Remote Patient Monitoring (RPM)

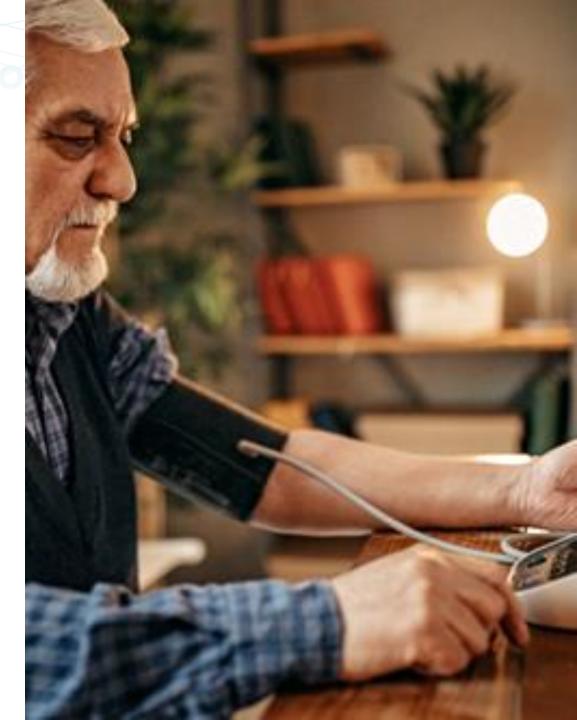
Acute and Chronic Care Collaboration

•You are assessed for Home Telehealth remote monitoring services.

•If deemed appropriate, VA provides a device to fit your needs and gives you training on how to use it.

•VA assigns you a Home Telehealth remote monitoring care coordinator.

•Your care coordinator contacts VA hospitals and providers and helps you arrange treatment changes, clinic appointments and hospital admissions.



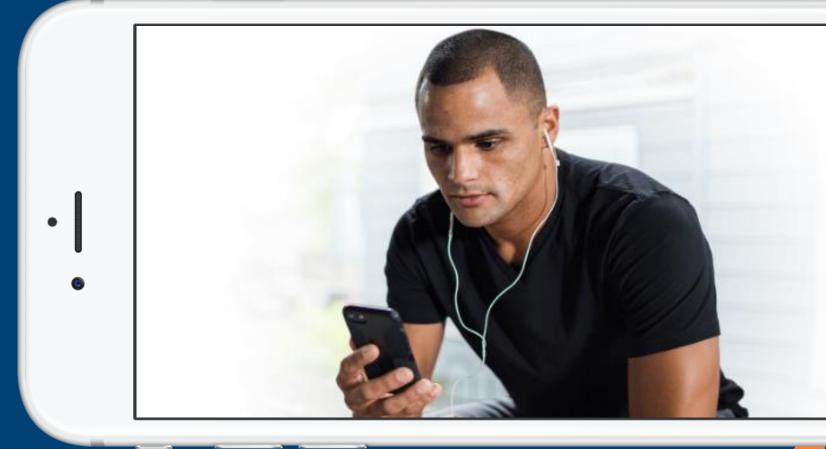
VA Video Connect (VVC) Appointments

How it works:

- Ask for a VVC
- Invite your caregiver
- Receive an email invite
- Prepare using VVC Chatbot, OCCHD Help Desk, or Web guidance
- Use the link in the email invite to enter your appointment



For more information, visit the <u>VA Video Connect</u> page on the VA App Store.



Get ready for a VVC appointment by texting the letter " V " to 83293 or alternately (323) 621-3589 on your smart phone! *For technical support* for your VA furnished mobile device and/or mobile applications:

Toll-Free: 866-651-3180 (24 hours a day, 7 days a week)

Test your device. Visit the VA Video Connect test site to test your microphone and speakers. <u>VA Video Connect | VA Mobile</u> *For technical support* for your VA furnished mobile device and/or mobile applications:

Office of Connected Care Help Desk (OCCHD) Portal: https://occhdsupport.ironbow.com



Bridging the Digital Divide

- Digital Divide Consult
- VA Internet-Connected Devices
- Free Mobile Connectivity for Telehealth
- Internet and Phone Service Discounts
- Lifeline lifelinesupport.org
- EBB- fcc.gov/broadbandbenefit

Digital Divide Consults

For Veterans who don't have internet service or an internetconnected device in their home or community, accessing telehealth can be difficult. VA is working to bridge this digital divide to ensure that all Veterans can access VA care where they are.

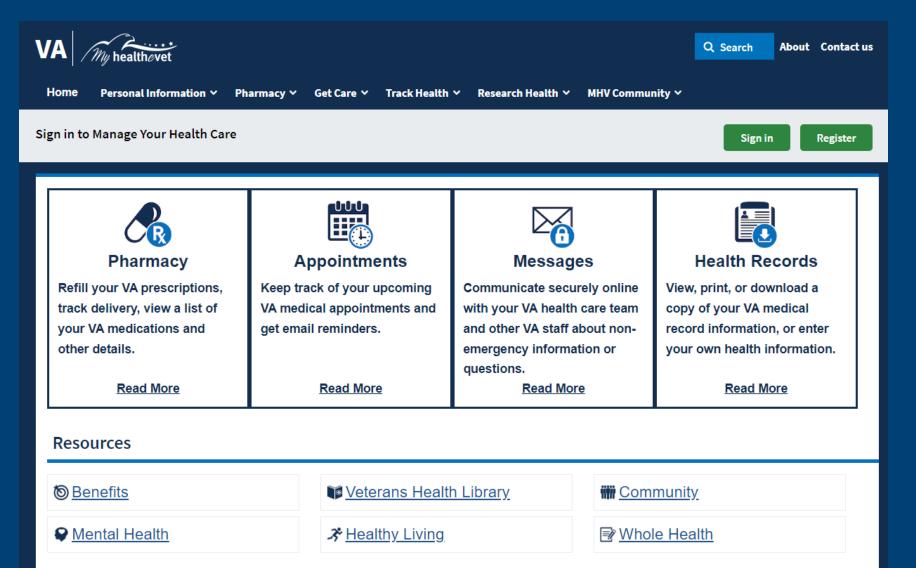
If you or a Veteran you know could benefit from VA telehealth, here are some of the ways that VA can help you get connected.

Link to Fact Sheet

telehealth-digital-divide-fact-sheet.pdf (va.gov)



My HealtheVet (MHV)- Webpage



Click here to learn more



U.S. Department of Veterans Affairs Veterans Health Administration Office of Connected Care

My HealtheVet – On **Your Cell Phone**

Secured Messaging and MORE

My HealtheVet is VA's online Personal Health Record for Veterans, active-duty service members, their dependents and caregivers. The resources and tools offer greater control and understanding over your care and wellness.

Click here to learn more

•			•
Compose a Message			MHVDAYMARK, MARK
	1	1	Select a group to send the message
Inbox (59)			 General: Ask questions about non-urgent, non-em COVID: Ask COVID related questions Appointment: Request an appointment or ask about the pointment or ask about the point of t
Drafts [19]			Medication: Request to renew a medication or ask Test: Ask a question about a test/lab result or about
Sent		1	Education: Request health education information
Deleted [21]			
My Folders			& Add Attachment Instructions to attach a file
Knee Issues			
SSC TEST			Name
test			Title
UAT 1 Rename			
UAT 10			Send Save as Draft Cancel
UAT Test 1			Figure 9: Send/Save as Draft/Cancel bu

Mobile Applications Apps

TOP VETERAN APPS



Annie App for Veterans

Receive text reminders to help you manage your care.

Web



VA Launchpad for Vete...

One app to launch them all! Launch VA apps from here.

iOS Android



VA Online Scheduling

★★★★★
Schedule, request and track VA appointments with ease.

Web



See all >

VA Health Chat

Chat with VA staff members through easy online access (available at limited sites).

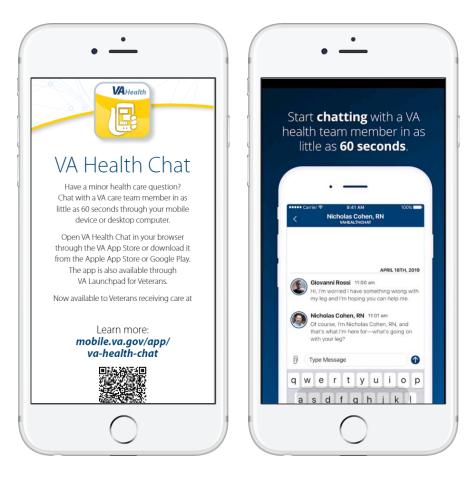
iOS Web Android

Click here to learn more.





VA Health Chat



https://mobile.va.gov/app/va-health-chat

Easy Access

The VA Health Chat App provides easy, online access to chat with VA staff when you have minor health questions, want to schedule an appointment, have a non-life-threatening health concern, and more.

When to Use

Use VA Health Chat for immediate answers when:

You feel ill and unsure about going to an emergency room or clinic You have a reaction to a medication



VEText

upcoming appointment with VA on <u>NOV 9 at</u> <u>15:30</u>.

Reply:

Y41 to CONFIRM N42 to CANCEL D43 for DETAILS

More info at <u>https:</u> //www.myhealth

Appointment Reminder Service

To increase access to health care for all Veterans, the Veterans Health Administration (VHA) has developed VEText, an interactive mobile solution to remind Veterans of upcoming appointments via text messaging. Our goal is to offer Veterans a quick and easy way to confirm and/or cancel appointments.

<u>Click here to learn more</u>



In the Clinic



Closer to Your Care

Real-Time Video Telehealth

Telehealth technology in the clinic brings specialty staff and services closer to home. It allows you to connect with VA health specialists at medical centers nationwide from your community clinic. Providers make diagnoses, manage care and perform check-ups virtually.



Clinic Based Telehealth- Clinical Video Telehealth (CVT) Synchronous Care (You, tele presenter, your provider, caregiver (opt))

TelePrimary Care

Primary Care Coverage brought to your local VA clinic

TeleMental Health

Mental health care not limited by provider location

Specialty Care

The specialty you need where you need it





Clinic Based Telehealth- Store and Forward Telehealth (SFT)

Asynchronous Care

Health data in the form of sounds, images and video can be collected at a clinic near you and sent to a provider to review at another location.

Store-and-Forward Telehealth lets you address health issues without the need for long travel or wait times, making the process easier for both patients and providers.

Asynchronous- you and tele imager, results in 14 days

TeleDerm Care

Captures images (photographs) of the patient's skin for transmission to a Dermatologist (Reader) who formulates a diagnostic impression and suggests a treatment and/or management plan for the patient

TeleEye Care

Provides asynchronous eye care, expanding on the well-established and validated TeleRetinal Imaging program. Low Vision TeleEye Care provides synchronous eye care by employing real-time video technologies.

Tele Sleep Care

Care is provided through a variety of telemedicine modalities, including video teleconferencing, telephone clinics, in-home video visits, store and forward of sleep testing data, remote monitoring of positive airway pressure (PAP) data, and Remote Veteran Apnea Management Platform (REVAMP).



In the Hospital



Office of Connected Care

Connecting Providers, Improving Your Care

TeleCritical Care and TeleStroke

Your providers may need to consult specialists at other VA hospitals. Telehealth technologies help physicians and medical professionals discuss matters related to your care. Together, they can develop a care plan that works best for you.



Veteran Crisis Hotline

8

Veterans Crisis Line DIAL 988 then PRESS

Great Opportunities for VA Telehealth

- The Office of Connected Care focuses on designing and delivering digital systems that seamlessly connect Veterans to their health care teams and their health information.
- Connected Care brings VA digital technology to Veterans and health care professionals, extending access to care beyond the traditional office visit.
- <u>Click here to learn more</u>.





References

VHA Telehealth Services Website

VHA Telehealth Services (va.gov)

VA Telehealth

VA Telehealth Services | Telehealth VA

My HealtheVet

Home - My HealtheVet - My HealtheVet (va.gov)

VA Mobile Health Provider Program

Help and Technical Support | VA Mobile







Thank you for letting us be a part of your health Journey.



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