



**Ray Kan**

## Big Sir's Notes

Wow, what a fast and busy year this has been. With the December Ladies Day luncheon just a few weeks away, I hope you got your reservation in early to be able to attend this annual event.

This year we tried a couple of different formats at our monthly luncheons. From the comments I have received, the members would like the table exchange day repeated and we had a fun Hawaiian shirt day.

After attempts to increase our Branch membership by 10, then 20 members failed, this year our Branch approved a motion to increase our membership by 30 additional members. We will be adding 5 members per month for six months. This will give another 30 retirees the opportunity to share and participate in our many activities. Another activity, Poker Club 1 was formed and already filled. Interest in Poker Club 2?

Many thanks to our Branch Executive Committee for their hard work to make this a successful year. To our new Big Sir, **Garth Cummings**, and his team, we look forward to a great year.

## Little Sir's Corner

The entertainment for the December 8th Holiday Luncheon is being brought to us by some of our own members and will include songs from the Song Sirs, a dramatic reading and other festive features being included in this holiday program. Many thanks to those participating and I am sure the audience will appreciate your efforts.

I want to thank all of you who have made suggestions for speakers during this past year. These suggestions have been most helpful and I apologize that I have not been able to fulfill all your requests. Here's hoping you all have a joyous holiday season and a happy new year.



**Garth Cummings**



This Romanian Dancer found **Jim Jackson** irresistible. For more on the Black Sea trip, see page 8.

## Bocce Ball Bob Frankland



*2nd and 4th Mondays at 9 am March through November except May 26 (Memorial Day) at Concord Bocce Courts in Newhall Park, Concord near the corner of Turtle Creek and Ayers Rds.*

On Monday the 14th we had 16 players and a great event. The next outing, on Monday the 28th, will be the last for this year and will be followed by a no-host lunch. See you there. Rain cancels.



November Speaker, **Don Merucci** and Sir **Lynn Freeman**

## Bowling

Larry Mitchell



At about one-fourth of the way through the winter SIR League, we have an all-Branch 146 team in first place. The team is composed of: **John Miller, Wes Hauschildt, Tom Lindeland and Maurice Mitchell.** Their record at this point is 30 wins and 10 losses. The only other "all Br. 146" team, "Dave's Dudes", is "under 500" as they say in baseball, so is worthy of further mention here!

The next tournament will be held in San Rafael at the Country Club Lanes on Tues., Dec. 6th and Thu., Dec. 8th, 2005.

## Area 2 Computer Group

**DICK CURRY** 376-5541 [racorinda@pacbell.net](mailto:racorinda@pacbell.net)  
**FLOYD SKELTON** 838-2515 [f.skelton@att.net](mailto:f.skelton@att.net)

**December** - The SIR Area 2 Computer Group will not hold a meeting in December.

**January 19** - "Using Your Digital Camera Effectively"  
 Have a new digital camera and wonder where do I go from here? **Phil Goff** (Branch 116), Chairman of our new Digital Photography Group, will review: (1) Basic functionality of all digital cameras, (2) Most important features on your camera, (3) Downloading pictures to your computer, and (4) Making prints from your digital images. **Phil** will conduct a Digital Photography Q&A session following his presentation. Meetings of the Area 2 Computer Users Group are held at the Social Hall of the Walnut Creek United Methodist Church, 1543 Sunnyvale Ave. (off N. Main, one block north of the Treat/Geary/N. Main intersection). Meetings are held the 3rd Thursday of each month (except December) from 9:30 to 11:30 a.m. All SIR members are invited to attend these informative sessions.

For more information please visit our web site at: <http://www.sir-web.org/computer/>.



## Cooking and Social

Don Nunn

*1st Monday at various members' homes.*

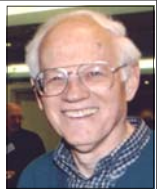
THE Cooking group met for dinner with the ladies at La Veranda Restaurant in Clayton on November 1st. As this was to be the month our great departed friend, **Warren Boero**, was to cook, we decided to honor his memory and his bride, **Gwenn**.

We met for cocktails, hors d'oeuvres, and a choice of three main courses followed by tiramisu. It was enjoyed by all. We will be adjourned for the holidays and will start up again in February at the home of Sir **Dan Hungerford**.

Have a great holiday season. Remember to mark your calendars for **March 1, 2006**, the next dinner dance.

## Couples Duplicate Bridge Lo McCarley

*Meet the 3rd Wednesday of each month starting at 7:00 pm at participants' homes. Couples play as partners.*



Eight couples had a great time playing duplicate bridge at **Carl and Anne Johnson's** home on November 16th. **Bob and Janet Yolland** took first place with 38 points, **Carl and Anne Johnson** (37 points) took second, **Lynn and Dasha Freeman** (36 points) placed third, and **Jim Brown and Barbara Lundblade** (34 points) came in fourth. The next meeting will be hosted by **Lynn and Dasha Freeman** on Wednesday, December 21st.



## Tres 'Gourmet Frank Rockwell

The group met at the home of **Lew Thompson**. After an educational tour of **Lew's** fabulous back yard, we were treated to a lunch of sautéed tilapia with a mustard sauce, polenta with a fresh and zippy salsa, baked zucchini and yellow squash. The salad was an interesting slaw with sesame seeds, slivered almonds and crunchy noodles. Lunch was followed by a killer mud pie. We had a great time and good fellowship.



**Bob and Janet Yolland** receive their winnings from **Lo McCarley**. At least two of them look happy.



## Duplicate Bridge Bob Donahue

*Monday following the monthly SIR luncheon at 10am hosted by different members. Bring lunch.*

Sir **Chuck Hammond** hosted three tables of duplicate bridge in November. **Lynn Freeman** took first place with 33 1/2 points. **Fred Bolton** was second with 30 points and **Lo McCarley** was third with 25 1/2 points. The next meeting is scheduled for Monday, December 12th. Contact **Bob Donahue** at 376-4527 for information.

## Fishing

Sal Costanza

4th Thursday at 8:30 am. at Diablo Creek Golf Course (Legends Grill). North Port Chicago Hwy

The stripers and salmon are moving into the Bay, up through the Carqinez Straits, and into the Delta. Members of our SIR Fishing Group have been catching them. Come to our next meeting and get in on the fun.



## Garden Club

Chuck Bobinecz

1st Thursday at 9:30 am at the Walnut Creek Presbyterian Church. 1801 Lacassie Ave. Room 305, unless otherwise announced.



At our December 1st meeting, Sir **Don Nunn** will speak on the topic of “square foot gardening”, containers and verticals gardening. Think small! Get the most out of the least space. Move your garden into the sun with containers. Sir **Don** has used these techniques for a number of years and will share his experiences.

There will be **no meeting in January**. We will resume our normal meeting schedule in February.

Garden tip for the month of December: Do first dormant spraying for fruit trees, even if they have leaves on the trees.

## Tuesday Golf

Walt Barabash

### Latest Weekly Tournament Results



October 18 First Flight: **Ken Richter, Al Zamolo and Bill Cammerer**. Second Flight: **Dean Merritt, Mitch Mitchell and Larry Zugnoni**. Closest to the Pin: **Al Zamolo**.

Low Gross: **Jack Calloway: 86**

October 25 First Flight: **Joe Himsl, Lew Thompson and Larry Sheerin**. Second Flight: **Ken Beattie, Doug Cook and Olof Johansson**. Closest to the Pin: **Ern Dickson**.

Low Gross: **Lew Thompson, Jack Calloway and Frank Marcon: 85**

November 1 First Flight: **Bob White, John Demos and Jim Stedman**. Second Flight: **Ray Kan, Bob Madge, and Dean Merritt**. Closest to the Pin: **Gene Diana**.

Low Gross: **Bob White: 81**

November 8 First Flight: **Jeff Baily, Bill Cammerer and Ken Richter**. Second Flight: **Ralph Fowler, Fred Bolton and Ed Wojnar**. Closest to the Pin: **Dan O'Sullivan**.

Low Gross: **Lew Thompson: 85**

November 15 First Flight: **Lew Thompson, Gene Diana and Frank Rockwell**. Second Flight: **Ray Kan, Olof Johansson and Bill Becker**. Closest to the Pin: **Garth Cummings**. Low Gross: **Lew Thompson: 84**



**Fred Kovar and his guest, John Kinney**



## Health Matters Physical and Mental

The following articles were copied with permission from the *Aviation Medical Bulletin* published by Harvey W. Watt & Co.  
1-800-241-6103

*These articles are not intended to provide specific medical advice. That should be obtained from your physician.*

### STAYING YOUNG

1. Keep only cheerful friends. The grouches pull you down.
2. Keep learning. Learn more about the computer, crafts, crossword puzzles, gardening, selling on eBay, or something else that intrigues you. Never let your brain idle.
3. Enjoy the simple things.
4. Laugh often, long, and loud. Laugh until you gasp for breath.
5. Tears happen. Endure, grieve, and move on. The only person who is with you your entire life is yourself. Be ALIVE while you are alive.
6. Surround yourself with what you love, whether it's family, pets, keepsakes, music, plants, and hobbies-whatever has become your passion. Your home is your refuge.
7. Cherish your health: If it is good, preserve it. If it is unstable, work to improve it. If it is beyond what you can improve, get help.
8. Don't take guilt trips. Take a trip to the mall, to the next county, to a foreign country, but NOT to where the guilt is.
9. Don't sweat the little things.
10. Tell people you love that you love them...at every opportunity.
11. And remember, there's no way you can feel as bad as that person on your driver's license looks!

Source: *Looking Forward, Spring 2005*

### FITNESS MADE EASIER

How hard should you exercise? You don't need to monitor your heart rate while you're exercising to know if you're moving at the right pace. Nor do you need a high-tech measuring device.

Just ask yourself these questions:

Am I breathing noticeably harder than I was when I started?

Am I breaking a sweat?

If you answer yes to both questions, then your exercise pace is giving you health benefits.

Source: *Medicine, Exercise, Nutrition and Health, Vol. 4, No. 3*

### STEP SAVER

If inactive Americans would participate in regular, moderate physical activity, the U.S. could save almost \$77 billion in healthcare costs.

Source: *The Physician and Sportsmedicine*



## Branch 146 Welcomes New Members



**Roger Maire and Sponsor, Bob Spellman**



**Sponsor, Jim Helmick and Bill Stevenson**



**Sponsor, Jack Harrington and Jack Hockel**



**Sponsor, Jim Kohl and Jim Reed**



**Sponsor, Dale Haukland and Orlo Jones**



**Sponsor, Barney Meade and Dan Meckfessel**



### Cribbage

Al Tufo

The Cribbage Club was hosted by **Bryant Fischback** this month. We were able to get in two tournaments in the time allotted. **Dan Meckfessel** won the first tournament and

**Larry Reilly** came in second. In the next one **Bryant Fischback** came in first and **Larry Reilly** again came in second. The **Italian Stallion** has run out of excuses; must be old age is catching up. Didn't get any of **Trudy's** home made pies, she is still recuperating from her shoulder surgery. Next month Cribbage will be hosted by **Larry Reilly**, starting at noon.

Happy Thanksgiving to all!

CIAO Tufo



### Sunshine Otto Wilson



Phone: 825-1943, e-mail: [ottowilson@astound.net](mailto:ottowilson@astound.net)

One of our oldest members, if not the oldest, **John Rose**, passed away October 1st. Sympathies to **Kay** and the family.

**Harry Rieck** is home fighting lymphoma. Chemo is no longer effective but he is in great spirits. He is bringing **Carol** to the December ladies luncheon.

**John Miller** and his wife **Dorothy** celebrated their 60th wedding anniversary November 13th. Congratulations. How did **Dorothy** put up with you all these years, **John**?

## Luncheon Attendance **Bill Root**



*SIR's Luncheon 2nd Thursday of every month at Blake's Restaurant, Boundary Oak*

Call me by Friday noon prior to the Luncheon at 943-6194 if, for any reason, you are unable to attend. If I am not home, press 3 and leave your name, badge number and telephone number.

Be sure you call.

### Waiting List:

If you are going to attend, you must call by Friday prior to the Thursday Luncheon.

### SIRs bringing a guest:

Call by Friday prior to the Thursday Luncheon and leave your name and the name of your guest.

Regular members missing 3 consecutive meetings without notifying their attendance chairman, giving a valid reason, or attending less than 6 meetings in the last 12 months shall be notified by letter of their pending membership termination. Certification of another Branch meeting will be considered as credit to attendance record.

## Current Top 30 Man Waiting List (prioritized):

**Henry James, Norman Kingshill, Reginald Fromm, Tom Morgan, Daniel Schlatter, Robert Hutfliess, Miles O'Conner, William Schmech, Ronald De Golia, Charles Kistenmacher, Peter Kautz, Robert Royster, Gary "Skip" Thomas, Timothy Valanos, Vincent Rettew, Bill Baltezore, Tom Boltz, William Danzig, Ron Binder, Rick Esquerra, James Burk, George Knies, Stephen Dawkins, Allen Meier, William Stephenson, Glenn Casebolt, James Meehan, Jim Hanck, Philip Sapunor, Glen Renk.**

## Remaining Waiting List Men (prioritized):

**Robert Lipscomb, Robert Figone, Teddy Coggiola, Charles Koeber, Steve Loftin, Terry Marchione, Winslow Ferrin, Louis Balbi, Ray Spears, Robert Darius, Joseph Fitzsimmons.**

## Luncheon Menu

**Jerry Bellows**



This month's luncheon menu

*Salad* - House salad

- Freshly baked rolls and butter

*Entrees including vegetables*

- Petit Filet of Beef with twice baked potatoes, vegetables

- Herb Crusted Filet of Salmon, orzo, vegetables

*Dessert*

- Daily dessert special

- Regular or decaffeinated coffee and tea



**Lew Thompson and Bob Royster**  
(Waiting List),  
enjoying the  
November  
Luncheon

## Membership

**Jim Jackson**



*Branch 146 Statistics:* Members 220 , HLMs 5, Waiting List 41, Inactive 3.

*November Attendance:* Members 177, HLMs 5, Waiting List 10, Inactive 1, Guests 3, Excused 33, Unexcused 10. Total November Attendance 185.

*Status Changes:*

Inducted: **Bill Stevenson, Joe Barry, Dan Meckfessel, Bill Malone, Jack Hockel, Ron Plachy, Orlo Jones, Russ Anderson, Don Tubb, Rich Columbo, Bill Powell, Roger Maire and Jim Reed.**

New Top 30 Men: **Tom Boltz, Bill Danzig, Ron Binder, Rick Esquerra, Jim Burk, George Knies, Stephen Dawkins, Allen Meier, Bill Stephenson, Glenn Casebolt, Jim Meehan, Jim Haunk, Phil Sapunor and Glen Renk.**

Resigned: None

Deceased: **John Rose**

Withdrew: **John Hayes**

Added to Waiting List: None. A moratorium is currently on new Waiting List members.



## Party Bridge **Fred Bolton**

*1st Monday at 10 am at various members' homes. Bring a lunch.*

We had four tables of bridge, hosted by **Fred Bolton**, on November 7th. The winners were **Chuck Hammond** with 5530 points, **Lo McCarley** was second with 5340, third went to **Dick Johnson** and fourth to **Fred Bolton**. Our next game will be on December 5th at **Rich Ahlf's** home..

## Song Sirs

**Bill Rees**



On November 15th, the SONGSIRS entertained a packed house of about 150 seniors at the Pleasant Hill Senior Center. The early reviews that have just hit the street indicate that our group's performance was a smashing success with special kudos to that "rising star" soloist, **Bob Yolland**.

On December 7th, we will sing at the Veterans Hospital in Martinez followed by our participation in our Branch 146 Ladies Day luncheon on December 8th. As a result, our practice schedule will remain every Wednesday at 3pm at the W.C. Presbyterian Church - except for November 23rd. It's been a busy season, so we will take a well earned rest following these performances.

***THE SONGSIRS WISH ALL BRANCH 146 MEMBERS A VERY MERRY CHRISTMAS AND A HAPPY NEW YEAR!***

## Travel Opportunities Bob Spellman



Dec. 21, 2005: **Irving Berlin's White Christmas.** Meet at Heather Farms and board a motorcoach for the trip to San Francisco with free time and no-host lunch at Pier 39. Continue to the Orpheum Theatre for a matinee performance of White Christmas. Cost \$110.00 per person.  
Contact **Ed DiBetta**, Branch #19, at 925-228-5606.

Mar. 19, 2006: **SIR Day with the Golden State Warriors.** This years opponent will be the Philadelphia 76ers at the Arena in Oakland. The 1pm starting time should make it much easier for more people to attend the game. Tickets should be ordered directly from the Warriors Ticket Office. Cost is \$24 or \$34 depending on seats. Pick up an Order Form at the next meeting or Contact **Bob Spellman** at 934-8428.

Apr. 20, 2006: **A Day At The Races.** Join fellow SIR members for a day of racing at Golden Gate Fields. The day includes turf club admission, lavish Buffet Luncheon, program and bus transportation. Cost is \$37 per person.  
Contact **Charlie Kiser** at 274-1575

Dec. 30, 2005: **Mexico & The California Coast.** Sail from San Francisco. An eleven day cruise aboard the Dawn Princess. Includes stops in Catalina Island, Cabo San Lucas, Mazatlan, Puerto Vallarta and San Diego.  
Cost \$1605 to \$2035 p/p  
Contact **Fred Stammen**, Branch #171, at 925-283-1956

May 16-26, 2006: **Alaska Cruise.** Leave from San Francisco to Ketchikan, Juneau, Skagway, Tracy Arm and Victoria on the Regal Princess.  
Cost from \$1193 to \$2043 p/p.  
Contact **Carl Raaka**, Branch #8, at 925-254-0482.

May 20-June 3, 2006: **Shamrocks to Thistles.** A 15 day tour of Scotland and Ireland starting in Dublin, Ireland with stops throughout Ireland. We proceed to Scotland with many more stops, ending in Edinburgh for our trip home. Tour includes r/t airfare, transfers to /from airport, first class hotels, deluxe motorcoach, baggage handling, 20 meals and, all tips for drivers, guides and tour manager. Cost \$3653 p/p d/o.  
Contact **Bob Spellman** at 925-934-8428.

Oct 23-Nov 5, 2006: **Eastern Mediterranean & the Greek Isles.** A 12 night Greek Isles cruise sailing from Istanbul, Turkey to Athens Greece on board Oceania Cruises' Nautica: Ports will include Kusadasi, Turkey; Rhodes, Delos, Mykonos, Santorini, Kotakolon, Corfu, Greece; and Dubrovnik, Croatia. Cost will be from \$3364 to \$5036 p/p d/o.  
Contact **Bob Hagler**, Branch #8, at 925-934-7620

## Away Golf

Jim Baldrige



Just in. Results of the Sunol Valley Golf Tournament held Thursday Nov 17. Merchandise gift certificates went to the top ten players. 1st **Jeff Bailey**, 2nd **Ken Kratz**, 3rd **Ray Weisz**, 4th **Ron Binder**, 5th **Al Zamolo**, 6th **Fred Kovar**, 7th **Frank Mandic**, 8th **Frank Mathos**, 9th **Doug Cook**, 10th **Doug Pederson**. Thanks to **Dick Richmond** for a contract that included lots of pro-shop merchandise certificates. We also had tee prizes for each player. Prize checks went to six players with closest to pin honors. Hole #5 **Doug Cook**, **Jeff Bailey**, **Bill Knapp**, **Ray Weisz**, **Russ Bliese**; Hole #11 **Ken Kratz** (the only player to record a hit on the green on this 129 yard hole). Thanks to all for a great turn out. We had 44 players and record good weather. Gift certificates and checks will be in the regular Tuesday Golf prize envelope.

Due to everyone's hectic holiday schedule, we do not have an away golf tournament scheduled in December. Check local newspapers, internet ads and golf magazines for golf bargains and opportunities for individual or foursome play.

Our annual Branch #146 Silverado Country Club Invitational Tournament is scheduled for Monday, April 3, 2006. This is a 144 player 12 noon shotgun start on the South Course. Cost will be \$46 for Sir's competing in the prize fund and \$44 for guests or those not competing for prizes. This is a great tournament for couples or guests. I will start circulating flyers in December. I will take names of interested players/groups anytime.

Questions: Jim Baldrige: 925-689-9232  
e-mail: jimjudy39@aol.com

## Wine Tasting ... Dale Haukland



The wine club had a November tasting event to ring in the fall releases of the new wines. A good time was had by all. We hope many of you will be able to join this raucous groups next tasting.

## Investments

Ben Smith

*4th Wednesday, 8:00 am at Diablo Creek Golf Course (Legends Grill), North Port Chicago Highway and Highway 4, Concord.*

**Ben Smith** (925)820-5403 or [bjsssmith@aol.com](mailto:bjsssmith@aol.com)

There will be no meeting of the Investment Group in December.

## Table Pool Bill Weinberg



1st and 3rd Monday at 11:30 am.  
(at Masse's 2721 N. Main, Walnut Creek)

We're having great turn-outs for table pool... Had 5 tables going last meeting. Remember, every 1st and 3rd Mondays at Masses...See you there.



State President Region Director Area Governor	<b>SIR State Officers</b>	<b>Jim Donovan</b> <b>Art Miller</b> <b>Harry Hubinger</b>
<b>Branch 146 Officers and Directors</b>		
Big SIR	<b>Ray Kan</b>	376-2023
Little SIR	<b>Garth Cummings</b>	820-0745
Secretary	<b>Jim Stedman</b>	932-1636
Assistant Secretary	<b>Bob Burley</b>	934-5816
Treasurer	<b>Frank Rockwell</b>	943-7743
Assistant Treasurer	<b>Jim Todhunter</b>	283-3974
Director	<b>Jeff Bailly</b>	906-0521
Director	<b>Chuck Bobinecz</b>	939-8740
Director	<b>Ralph Fowler</b>	939-2953
Director	<b>Pete Gates</b>	937-2035
Director	<b>Stu Somerville</b>	944-0738
Director	<b>Mike Varner</b>	938-3778

### Past Big SIR's

1989 Charles Unfried  
1990 Gill Rhodes  
1991 Gene Hackett  
1992 Walt Entelman  
1993 Kap Kaprielian  
1994 Joe Jansen  
1995 Bob Walton  
1996 Dick DeVoe  
1997 Warren Boero  
1998 Don Nunn  
1999 Dave Valladao  
2000 Jack Calloway  
2001 Bill Hansen  
2002 Fred Kovar  
2003 Bob Yolland  
2004 Doug Cook



### Walkers John Lewis

Every Friday at 9:30 am at various locales. Call **John** or just show up. Rain cancels any walk.



Dec. 2 - Canal Trail, Concord. Meet at Concord City Park on Cowell Rd.

Dec. 9 - Ralph's Tassajara Trail. Meet at the parking lot on the right where Sycamore Valley Rd. curves to meet Camino Tassajara.

Dec. 16 - Lafayette Reservoir Trail. Meet at parking lot and bring quarters for parking.

Dec. 23 - Christmas Walk. Meet at Walnut Creek Civic Park. parking lot.

Dec. 30 - Skyline Trail. Meet at Inspiration Point parking. Take Wildcat Canyon Rd. out of Orinda. Look for Tilden Park sign.

### Committee Chairmen

Attendance	<b>Bill Root</b>	943-6194
Audit	<b>Syd Whalen</b>	837-7143
Badges	<b>Dick Richmond</b>	947-1167
Bocce Ball	<b>Bob Frankland</b>	284-7222
Bowling	<b>Larry Mitchell</b>	798-5440
Bridge-couples	<b>Lo McCarley</b>	935-3939
Bridge-duplicate	<b>Bob Donahue</b>	376-4527
Bridge-party	<b>Fred Bolton</b>	932-1580
Candy Sales	<b>Mitch Mitchell</b>	686-0537
Chaplain	<b>Roy Fredrickson</b>	284-5623
Cooking	<b>Don Nunn</b>	934-5214
Cooking Too	<b>Rich Hanford</b>	933-9237
Tres' Gourmet	<b>Frank Rockwell</b>	943-7743
Cribbage	<b>Al Tufo</b>	798-4129
Fishing	<b>Sal Costanza</b>	689-7647
Gardening	<b>Chuck Bobinecz</b>	939-8740
Golf	<b>Joe Jansen</b>	935-6691
Golf Scheduling	<b>Tom Gorman</b>	685-9721
Golf Treasurer	<b>Walt Barabash</b>	935-2964
Away Golf	<b>Jim Baldrige</b>	689-9232
Greeters	<b>Ed Mendelssohn</b>	935-0592
Historian	<b>Jack Calloway</b>	933-7998
Honorees	<b>Dick DeVoe</b>	932-5546
Investment	<b>Ben Smith</b>	820-5403
Luncheon	<b>Jerry Bellows</b>	376-3352
Membership	<b>Jim Jackson</b>	687-7052
Newsletter Editor	<b>Pete Gates</b>	937-2035
Mailing	<b>Bill Cammerer</b>	932-7887
Photographer	<b>Ken Kratz</b>	933-7989
Nominating	<b>Doug Cook</b>	939-4327
Pianist	<b>Dave Obera</b>	932-2584
Poker Club 1	<b>Frank McNamee</b>	672-3443
Radio	<b>Bill Moresi</b>	837-4645
Social	<b>Don Nunn</b>	934-5214
SongSirs	<b>Bill Rees</b>	376-3098
Director	<b>Rod Sharretts</b>	372-6566
Sunshine	<b>Otto Wilson</b>	825-1943
Table Pool	<b>Bill Weinberg</b>	682-0962
Theatre	<b>Bill Hansen</b>	939-4951
Travel	<b>Bob Spellman</b>	934-8428
Asst Travel	<b>Charlie Kiser</b>	274-1575
Veterans	<b>Lynn Freeman</b>	691-1186
Walkers	<b>John Lewis</b>	825-3561
Webmaster	<b>Jeff Bailly</b>	906-0521
Wine Tasting	<b>Dale Haukland</b>	820-0189

Thanks to **Bill Cammerer**, **Bob Madge**, and **Jack Matthews** for folding and labeling, to **Ken Kratz** for photography, **Bill Cammerer** for mailing, and **Rich Ahlf** for proof reading.

### December Lady's Day Luncheon Thursday, December 8, 2005

No. of tickets \_\_\_\_\_ at \$22 each. Enclosed \$ \_\_\_\_\_  
Names:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Pick: Petite filet of beef \_\_\_\_ or Herb crusted salmon filet \_\_\_\_  
Special requirements \_\_\_\_\_

Make checks payable to SIR 146 and mail to:

**Jim Todhunter**  
1025 Sunnybrook Drive, Lafayette, CA. 94549-2827  
Jim's e-mail address is [hjtodhunter@comcast.net](mailto:hjtodhunter@comcast.net)

Seating for this event is now limited to 275. We are accepting only SIR member reservations until October 31. After October 31, both SIR members and SIR waiting list reservations will be accepted as received. All reservations and payment in full must be received by December 1. Guests will be accommodated on December 1 if space is available. There will be no tickets sold at the door. Note: If ordering for a full table or a group, send the full payment and list your companions and their entrée choice on an attached sheet. Don't delay!



# SIR CALL

# Newsletter

Sons In Retirement, Inc.  
2106 Hoover Court  
Pleasant Hill, CA 94523

[sircall@hotmail.com](mailto:sircall@hotmail.com)

<http://www.sir146.com>

Non Profit Org  
US Postage Paid  
Permit No 364  
Concord CA

Time Value Mail  
Please deliver as  
soon as possible.

## Black Sea Trip



Munich Airport



Village Museum-Bucharest, Romania

