

# HIKING

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Do you want to get in shape this year and have a good time? Come join our new hiking group.

Starting in 2016 we will have two hikes a month. Our first hike will be an easy hike that most any Sir will be able to do. Our second hike on the last Friday of each month will be a moderate to hard hike as some of our members are at this level. The time and place of each hike will be announced in the SIR Call each month.

Rain Cancels. Spouses are welcome.

You can contact me at: [sir146hiking@gmail.com](mailto:sir146hiking@gmail.com).

