

# SIR CALL

## Newsletter

Pleasant Hill SIR Branch 146 Volume 15 Issue 7

Published For Our Members And Friends

July 2003

### Big Sir's Notes

One of the keys to the success of any organization is the willingness and dedication of its members to serve in leadership positions. This year your Nominating Committee, comprised of **Fred Kovar**-chair, **Bill Hansen** and **John Miller** put together a great slate of 2004 officer and director candidates. They are listed in the column to the right. Thank you Gentlemen, for running for office and thank you **Fred** and your committee, for coming up with a great slate. At the June board meeting your 2003 board voted unanimously to accept the recommendation of the Nominating Committee.



**Bob Yolland**

### Doing Lunch



**Larry Lindahl** and guest **Hal Bond**

### Branch 146 Nominations for 2004

Big SIR- **Doug Cook**  
 Little SIR - **Ray Kan**  
 Secretary - **Garth Cummings**  
 Asst. Secretary - **Jim Stedman**  
 Treasurer - **Bob Wheaton**  
 Asst. Treasurer - **Lew Thompson**  
 Directors - **Dale Haukland, Howard Harvey, Chuck Bobinecz, Ed Wojnar, Ralph Fowler, Stu Somerville.**

Q. How do you put a giraffe in the refrigerator?  
 A. Open the refrigerator, put the giraffe in and close the door.  
 This tests whether you do simple things in an overly complicated way.

### Doing Lunch



Guest **Bill Stevenson Roger Linn & Jim Helmick**

What a great luncheon!

### Doing Lunch



**Marshall Moran** and **Harry Dillon**

### Little Sir's Corner

**Tom Vacar**, the award winning consumer reporter from KTVU Channel 2, is our July luncheon speaker. This promises to be a very informative, interesting presentation. It will be an excellent opportunity to have your consumer concerns addressed.



**Doug Cook**

### Bocce Ball **Al Milano**

2nd and 4th Mondays at 9 am. March through November except May 26 (Memorial Day) at Concord Bocce Courts in Newell Park, Concord near the corner of Turtle Creek and Ayers Rds. 933-3492



## Bowling Dick Joyce

It was a long winter of bowling. Unfortunately we did not have a Branch 146 winners' circle. Some of our bowlers did pick up individual awards. **Stan Strange** won high handicap series with 750, **Tom Noonon** won high handicap game 315 and **Dick Joyce** won scratch series of 744 and high average 200.



"One of the advantages that bowling has over golf is that you seldom lose a bowling ball."...*Dick Joyce*



## Cooking Don Nunn

1st Monday at various members' homes.

Sir **Barney Meade** hosted our cooking guys at his home on the first Monday of June with a feast of skewered prawns followed by Portuguese beans, pickled beets, lettuce salad and homemade corn bread. Outstanding stuff! We will feature his Beans in one of our recipes of the month. Don't miss it. On Monday, July 7 Sir **Dan Hungerford** will host all hands. Please notify Sir **Dan** of your attendance.

Recipe of the Month

**John and Barbara Fontenrose**

Old Family Recipe for Home Made Ice Cream  
(Must use an Electric Ice Cream Mixer)

2 cups fresh fruit, mashed, such as strawberries or peaches.

1 large package (6 oz) Jell-O, match the flavor to the fruit.

2 cups boiling water.

1 can evaporated milk (13 oz).

1 quart half and half milk.

2 cups sugar.

Dissolve Jell-O and sugar in 2 cups boiling water, mix and cool. Pour into electric ice cream mixer:

half and half milk, evaporated milk, mashed fruit, then Jell-O mixture. Churn until done. Makes 1/2 gallon.

Extra special treat when served immediately.



## Duplicate Bridge

**Bob Donahue** Monday following the monthly SIR luncheon at 10 am hosted by different members. Bring lunch.

**SIR Fred Kovar** hosted three tables of duplicate bridge in June. **Jim Todhunter** was first with 33 points and **Fred Kovar** was second with 32.5 points. **George Zunich** was third with 26 points. The next meeting is scheduled for Monday July 14. Contact **Bob Donahue** at 376- 4527 for information.

The 10th Dinner Dance will be coming up on October 1, 2003. Mark your calendar. The formal invitation will appear in the next issue of SIR Call.

## Couples Duplicate Bridge

Lo McCarley

Meet the 3rd Wednesday of each month starting at 7:00 pm at participants' homes. Couples play as partners.



Eight couples had a great time playing duplicate bridge at **Bob and Janet Yolland's** on May 21. **Lo and Sue McCarley** took first place with 38 points, **Bob and Janet Yolland** (34½ points) placed second, **Lynn and Dasha Freeman** (34 points) came in third, followed by **Stu and Margot Somerville** with 31 points. At **George Zunich and Tamara Judson's** home on June 18, our newlyweds, **Bill and Margaret Rees**, came in first with 35 points, and **Lynn and Dasha Freeman** came in second with 34 points. **George Zunich and Tamara Judson** came in third with 33 points. 31 points were enough to earn fourth place for **Jim Brown and Barbara Lundblade**.



## Cribbage Al Tufo

2nd Wednesday at 12:30 hosted by different members.

I couldn't believe my ears. At the last SIRs lunch I was informed at our table that the report about the Cribbage Club was the most anticipated article in the monthly bulletin. How can we thank you? Well, let me start by telling you about our last get-together. The tournaments were hosted by **Byron Meade** who supplied us with a delicious homemade pie that had everything but the kitchen sink in it. The first game was won by the Italian Stallion aka **Tufo** with the runner up **Langley Erickson** placing second. The second game was won by **Larry Reilly** with **Barney Meade** placing second. The third game was a complete runaway by the Italian Stallion from start to finish. Next month Cribbage will be hosted by **Bryant Fischback** on July 9, 2003. Ciao **Tufo**

## Fishing Sal Costanza

Coco's Restaurant 3200 Buskirk Ave.  
4th Thursday at 8:30 am.



Fishing events for the month of July include ocean salmon fishing on a party boat; fly fishing and lake fishing for trout at Norden; kokanee salmon fishing at New Melones with renowned fishing guide **Wayne Douma**. There will also be a hotly contested horseshoe tourney at this event. To find out about these and up-coming trips come to our next meeting on June 26th. See you there!

# Garden Club

**Chuck Bobinecz.** 1st Thursday at 9:30 am at Alamo Safeway conference room unless otherwise announced.



The July 3<sup>rd</sup> meeting has been rescheduled to July 21<sup>st</sup>, which is a Monday. We will have a BBQ pot luck at **Chuck and Mary Bobinecz's** home, starting at 12:30. **Chuck and Mary** will provide the sausage and suds. **Bill Hansen** is coordinating the rest of this event (**Sandy** will keep him organized as usual). So check in with him by July 7<sup>th</sup> if you are planning to attend, and discuss what you can bring. It was suggested that you could bring what you brought last year which was a good balance of salads, deserts, etc. Wives and guests are welcome.

Bus trip to COPIA on August 7<sup>th</sup>. Contact **Rich Hanford** to let him know your preference for the box lunches by July 24<sup>th</sup>. The box lunches are a turkey breast or vegetarian sandwich with other items (**Rich** has the details). The exact cost has not yet been determined but it will be under \$5. We will collect the amount on the bus trip from COPIA. If you do not want the box lunch selections, please let **Rich** know if you are bringing your own lunch. We plan to have 45 minutes to an hour for lunch so that we can maximize our time at COPIA and wine tasting.

## Tuesday Golf Walt Barabash

May 20 First Flight: **Bill Hansen, Lew Thompson, and Joe Suta.** Second Flight: **John Humphrey, Carl Johnson and Don Nunn.** Closest to the Pin: **Lew Thompson.**



May 27 First Flight: **Don Loustalet, Larry Zugnoni and Ed Wojnar.** Second Flight: **Carl Johnson, Dick Richmond and Don Nunn.** Closest to the Pin: **John Lewis.**

June 3 First Flight: **Gene Diana, Ed Arbuckle and Rich Hanford.** Second Flight: **Dick Richmond, Ray Weisz and Don Nunn.** Closest to the Pin: **Ray Nordstrom.**

June 10 First Flight: **Jeff Baily, Rich Hanford and Frank Marcon.** Second Flight: **Tom Gorman, Don Del Bene and Dean Merritt.** Closest to the Pin: **Dan O'Sullivan.**

Q: How do you put an elephant in the refrigerator?  
Did you say " open the refrigerator, put in the elephant and close the refrigerator"? (wrong answer)

A: Open the refrigerator, take out the giraffe, put in the elephant and close the door.

This tests your ability to think through the repercussions of your previous actions.



## Health Matters Physical and Mental

The following articles were copied with permission from the *Aviation Medical Bulletin* published by Harvey W. Watt & Co. 1-800-241-6103

*These articles are not intended to provide specific medical advise. That should be obtained from your physician.*

### REPLACEMENT

In her book *Get a Real Food Life* (Rodale Press, 2002) **Janie Whiteson, MSc.** suggests the following *replacements* to transform people's "out-of-control" lives. **Janie** is in private practice in New York City and is known to her clients as the "Food Coach".

1. **Replace 2 sugared drinks with 2 extra glasses of water.** Water plays a key function in digestion, circulation, elimination, body temperature, and energy level.
2. **Replace your current breakfast with a high-fiber cereal.** Fiber keeps your blood sugar stable, relieves constipation, and helps you cut down on fat intake. Look for a minimum of 5 grams per serving.
3. **Replace the nightly news with some extra snooze time.** When you are tired, you tend to be hungrier, because your body is crying out for more food. So, a little more sleep can be helpful.
4. **Replace corn oil with olive or canola oil.** You will be replacing polyunsaturated fats with healthier mono unsaturated ones that help lower "bad" cholesterol. Monounsaturated fats also offer protection against cancer.
5. **Replace one cup of coffee with one cup of green tea.** Tea contains healthy antioxidants.
6. **Replace white or "wheat" bread with 100% whole wheat bread.** Don't be fooled by bread colored to look healthier.
7. **Replace your afternoon coffee or sweet with a 10 minute walk or a healthful snack.**
8. **Replace two meat-based meals with bean-based meals.** You will be getting great fiber and no artery-clogging saturated fats. Source: *Prevention*, June 2002

### MIDDLE-AGED?

Half of people ages 65 to 74 think of themselves as middle aged or even younger, as do one-third of those over 75, according to a survey by the Nation Council on Aging.

### AN APPLE A DAY...

An apple contains less than 10 mg of vitamin C, but eating an apple with the skin on provides polyphenols and flavinoids that equal the effect of 1,500 mg of vitamin C. Source: *Nature* Vol. 405, pg.903

### CIGARETTES KILL

In fact they kill more Americans than AIDS, alcohol, car accidents, murders, suicides, drugs and fires combined. Source: American Cancer Society



## Know Your SIR Carl Johnson

I'm a native Oregonian, born on 9/7/27 in St. Helens, a small lumber town Columbia River Portland. I grew up and certainly had



on the banks of the northwest of on a farm in the hills my share of chores.

After graduating 1945 I signed up for "see the world" type from high school in one of those free of cruises that were so popular at the time. True to their word the cruising included Australia, Japan and many trips in and out of Pearl Harbor.

In 1948, after my discharge, I invested all my savings in a new Chevrolet. As I recall, the cost was \$1862. With the availability of the GI Bill, I enrolled at Oregon State. It was there that I met my future wife, **Anne**, on a blind date. A friend of mine needed transportation to Willamette University in Salem and he said he could get me a date if I would be the chauffeur. It was that '48 Chevy that brought us together. It has been restored and is still in the family. We have been married 52 + years.

After graduation, we both accepted jobs at Boeing in Seattle. When my father passed away in late 1952 we decided to move back to Portland to be closer to the family. It was in Portland where I landed a job with Shell Oil Company, which lasted over 33 years. I was in marketing, purchasing, and a financial services manager. We have moved several times with Shell, from Portland to San Francisco to Sacramento to Seattle to New York to San Francisco to Anaheim and back to San Francisco. We settled in Moraga when we returned to the Bay Area.

We were blessed with two sons, **Gary**, a marine biologist, and **Jeff**, a CPA and financial manager. We have one grandson, Erik, who is our pride and joy. Family get-togethers are important to us. We make several trips a year between here and the Northwest since most of our family is in the Portland-Seattle area.

We have traveled throughout the world. But the best part of every trip is returning to the great area we all live in. We enjoy golf and bridge and, as our doctor tells us, it is important to keep all the wheels lubricated and turning. Also, our church is a big part of our lives.

The SIRS organization and especially Branch 146 has been extremely helpful in the transition to a life of retirement. We cannot thank enough all those who contribute their time and talents to make 146 the best branch in SIRS.

Worry is the dark room where negatives are developed.

## Away Golf Jim Baldrige



### July

Tilden Park-Berkeley Thurs July 31. 11:00 start. SIR riders \$36, guest riders \$34.

### April 2, 2004 Silverado 2004

12:00 shotgun North Course, SIR riders \$45, guest riders \$43.

Questions: Call **Jim Baldrige** 689-9232.

The owner of a golf course in Texas was confused about paying an invoice he received, so he asked his secretary for some mathematical help.

He called her into his office and said, "As I remember, you graduated from Texas A&M several years ago. If I were to give you \$1,218 minus 14%, how much would you take off?" The secretary thought for a moment, and then replied, "Everything but my earrings".

## Luncheon Attendance

**Dale Haukland** 820-0189



SIR's Luncheon 2nd Thursday of every month at Boundary Oak. Blake's Restaurant

Help! If you are not going to be able to attend the SIR's luncheon, call me. If I'm not home, leave your name, SIR badge number and phone number. Call me by Friday noon prior to the Thursday luncheon if you are going to miss. Be sure you call.

### Waiting List:

Men must call by Friday noon prior to Thursday's lunch if you are going to attend. Remember to call

### SIRs bringing a guest:

Call and leave your name and the name of your guest. Call by Friday noon prior to the Thursday luncheon.

Regular members missing 3 consecutive meetings without notifying their attendance chairman, giving a valid reason, or attending less than 6 meetings in the last 12 months shall be notified by letter of their pending membership termination. Certification of another Branch meeting will be considered as credit to attendance record



All smiles at the June 12 luncheon are: **Barney Meade, Don Nunn, Chris Satterthwaite & Tom Gorman**



## Luncheon Menu **Jerry Bellows**

This month's luncheon menu

### Salad

- House salad
- Freshly baked rolls and butter

### Entrees including vegetables

- Seafood Newburg with rice pilaf
- Meatloaf, mashed potatoes and gravy

### Dessert

- Daily dessert special
- Regular or decaffeinated coffee and tea



## Membership **Lang Erickson**

Branch 146 statistics:

Members 211, Honorary 4, Waiting list 20  
 June attendance: Members 155, Honorary Life  
 Member 3, Waiting list 9, Guests 5.  
 Total attendance 172. Excused members 44.  
 Unexcused members 13.

## Sunshine **Chuck Smith**

We've started a new Sunshine table for our monthly luncheon. We will have greeting cards addressed to members who are ill or have had some cause for grief in the family. Please look for the table every month and add your signature to any card. It means a lot to get a cheery card.



**Tony De Salles** is still at Mt. Diablo Hospital. He has good days and bad but hopes to be home soon. He misses being at the meetings.

**Rod Sharretts** faces knee replacement June 25. Good luck Rod.

### Note

**Chuck Smith**, our Sunshine chair, will be absent for the greater part of July. Please inform substitute chair **Rollie Nordeen** during July of anyone that you know of who is hurting. **Rollie's** phone no. is (925)284-1199 and his e-mail address is [rnordeen3@attbi.com](mailto:rnordeen3@attbi.com)



## Party Bridge **Fred Bolton**

1st Monday at 10 am at various members' homes. Bring a lunch.

The Party Bridge group met on June 2 at **Bill Snyder's** home for three tables of bridge. First place went to **Chuck Hammond** with 5710 points, second to **Jim Jackson** with 5120, third to **Fred Bolton** and fourth to **Dick Johnson**.

Our next game will be at **Jim Jackson's** on July 7.

## Song Sirs **Chris Satterthwaite**



Practice is held at the WC Presbyterian Church normally at 3:00 pm Wednesday. Dates to be commensurate with Song Sir entertainment requirements.

The Song Sirs continue preparations for assisting the branch with its Independence Day and with their ladies' celebration on July 11. We are also flattered to have an invitation from another SIR branch to provide the entertainment at a forthcoming lunch. For the July event we shall continue our practice on Wednesdays June 25 and July 9. Our director, **Rod Sharretts**, will be absent for a spell coping with a knee operation. Meanwhile we have hired **Don Nunn** to take over **Rod's** duties, but at one-half the salary. We are still interested in additional melodious voices. Come and join our group.



Sir **Rod Sharretts** being inducted into Branch 146, is handed his "Welcome" envelope by Sir **John Lewis** with Sir **Bill Weinberg** announcing the occasion.

## Investments\$ **Ben Smith**

4th Wednesday 8:00 am at Diablo Creek Golf Course (Legends Grill). North Port Chicago Highway and Highway 4, Concord.

At our July meeting we plan to have an open group discussion of current events taking place in the investment world, so bring an item that you would like to discuss with the group and we can share some wisdom.

Q: The Lion King is hosting a conference for all animals except one. Which animal does not attend?

A: The elephant. You just put him in the refrigerator. This tests your memory.

They arrested the Energizer Bunny and charged him with Battery.



# Travel Opportunities

**Charlie Kiser**

July 9-11, 2003 Boulder Creek. Includes 3 rounds of golf (cart extra), 2 nights lodging, one dinner and \$28 food credit per couple. 1,2 and 3 bedroom units available.

Limited. Cost \$188 for golfer and \$137 for non-golfer. Contact **Charlie Kiser** 274-1575

July 24, 2003 SIR Day at Pac Bell Park. Watch the SF Giants battle Luis Gonzales and the Arizona Diamondbacks Thursday, July 24 at 12:45 pm.

Lower box \$32, view level \$18. subject to availability. Contact **Charlie Kiser** 274-1575.

Transportation only option: includes r/t bus, gourmet box lunch & refreshment and prizes. \$37 does not include game ticket. Contact **Fred Stammen** Br. 171 283-1956

Sept 17-29, 2003 SIR 45th Anniversary Alaska Cruise. Celebrate with your fellow SIR members and guests on a 13 day Alaska cruise r/t from San Francisco on Holland America's Volendam. No airplanes. Gourmet 45th anniversary dinner in Vancouver, B.C. All tips on board, r/t transfers to ship. Lottery for penthouse suite. Cost from \$2495. For those already signed up, sign up a friend and get a \$100 shipboard credit.

Contact **Charlie Kiser** 274-1575.

Dec 12, 2003 Beach Blanket Babylon. r/t bus transport, dinner at New Pisa Restaurant and musical comedy performance of Beach Blanket Babylon. Cost is \$106. Contact **Bob Hagler** Br. 8, 934-7620.

Jan 19-Feb 2, 2004 Cruise to Hawaii. r/t from San Francisco. Visit all four islands on this 14 day cruise. Includes r/t transfers to the San Francisco pier and on board tips. Cost from \$1953 inside and \$2553 outside cabin p/p d/o. Single rates on request. Contact **Bob Hagler** Br. 8, 934-7620.

"I'm hitting the woods just great! But I'm having so much trouble getting out of them".....**Jeff Baily**

Doing Lunch



**John Demos and Jim Todhunter**

## Table Pool



**Bill Weinberg** 1st and 3rd Monday at 11:30 am (at Masse's 2721 N. Main, Walnut Creek)

Had a great turnout on the 1st meeting of the month plus an interesting mix of skill and extremely lucky shots given by none other than **Jeff Baily**, our editor. At the second monthly meeting, it happened that Branch 8 and Branch 146 had a tournament (**Ken Kratz** and **Bill Weinberg** represented Branch 146) and Branch 146 won it all.. Branch 8 players said, "We'll be back".

*The pool group is continuing to grow and the skill level is improving, such that our Table Pool leader has threatened to withdraw from the two bits a game bets if he doesn't win more.*



Pictured at the 3rd Annual Ladies Invitational Golf Outing at the Yountville Vintners Golf Club on June 11, 2003 are L to R, **Margot Somerville, Bob and Janet Yolland, Mitch and Ann Mitchell, and Doug Cook.**

How'd the market do today?

Doing Lunch

OUCH!



**Joe Deas and Don Merchant**



State President Region Director Area Governor	<b>2003 SIR State Officers</b>	<b>James Faverman Dan Gilmore Art Miller</b>
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**Branch 146 Officers and Directors**

Big SIR	<b>Bob Yolland</b>	932-4758
Little SIR	<b>Doug Cook</b>	939-4327
Secretary	<b>Bill Weinberg</b>	682-0962
Assistant Secretary	<b>Howie King</b>	932-0727
Treasurer	<b>Dean Merritt</b>	671-7380
Assistant Treasurer	<b>Bob Wheaton</b>	939-4512
Director	<b>Cal Jones</b>	934-2979
Director	<b>Dale Haukland</b>	820-0189
Director	<b>Howard Harvey</b>	933-4112
Director	<b>Ray Kan</b>	376-2023
Director	<b>Al Milano</b>	933-3492
Director	<b>Dick Richmond</b>	947-1167

**Committee Chairmen-2003**

Attendance	<b>Dale Haukland</b>	820-0189
Audit	<b>Chuck Bobinecz</b>	939-8740
Badges	<b>Dick Richmond</b>	947-1167
Bocce Ball	<b>Al Milano</b>	933-3492
Bowling	<b>Dick Joyce</b>	672-8193
Bridge-couples	<b>Lo McCarley</b>	935-3939
Bridge-duplicate	<b>Bob Donahue</b>	376-4527
Bridge-party	<b>Fred Bolton</b>	932-1580
Bulletin	<b>Jeff Bailly</b>	906-0521
Candy Sales	<b>Bob Spellman</b>	934-8428
Chaplain	<b>Bryant Fischback</b>	934-6064
Cooking	<b>Don Nunn</b>	934-5214
Cribbage	<b>Al Tufo</b>	798-4129
Fishing	<b>Sal Costanza</b>	689-7647
Gardening	<b>Chuck Bobinecz</b>	939-8740
Golf	<b>Joe Jansen</b>	935-6691
Golf Scheduling	<b>Tom Gorman</b>	685-9721
Away Golf	<b>Jim Baldrige</b>	689-9232
Greeters	<b>Bob Madge</b>	939-4037
Hardware	<b>Ralph Fowler</b>	939-2953
Historian	<b>Jack Calloway</b>	933-7998
Honorees	<b>Dick DeVoe</b>	932-5546
Investment	<b>Phil Leigh</b>	685-8090
Luncheon	<b>Jerry Bellows</b>	376-3352
Membership	<b>Lang Erickson</b>	682-1337
Nominating	<b>Fred Kovar</b>	937-2951
Pianist	<b>Dave Obera</b>	932-2584
Radio	<b>Bill Moresi</b>	837-4645
Social	<b>Don Nunn</b>	934-5214
SongSirs	<b>Chris Satterthwaite</b>	939-7826
Director	<b>Rod Sharretts</b>	372-6566
Sunshine	<b>Chuck Smith</b>	944-4949
Table Pool	<b>Bill Weinberg</b>	682-0962
Travel	<b>Charlie Kiser</b>	274-1575
Asst Travel	<b>Bob Spellman</b>	934-8428
Veterans	<b>Art Trost</b>	934-2889
Walkers	<b>John Lewis</b>	825-3561
Wine Tasting	<b>Rich Hanford</b>	933-9237

**Past Big SIR's**

- 1989 Charles Unfried
- 1990 Gill Rhodes
- 1991 Gene Hackett
- 1992 Walt Entelman
- 1993 Kap Kaprelian
- 1994 Joe Jansen
- 1995 Bob Walton
- 1996 Dick DeVoe
- 1997 Warren Boero
- 1998 Don Nunn
- 1999 Dave Valladao
- 2000 Jack Calloway
- 2001 Bill Hansen
- 2002 Fred Kovar



**Walkers John Lewis**

Every Friday at 9:30 am at various locales.  
Call John or just show up.

July 4 - Holiday. No walk.

July 11 - Markham tree walk (Concord). Remember the Bunya Bunya tree? Meet at Coco's back parking lot on Treat near Clayton Rd.

July 18 - Asian Art Museum. (SF) Meet at WC BART 10 am sharp. \$6 museum fee plus lunch in SF. Asian History briefing by Prof. **Ralph Fowler**.

July 25 - Oakland Hills Memorial walk. Meet at Orinda Village Safeway for carpools. Coffee & walk at Claremont Hotel afterward.

Thanks to **Jim Jackson, John Lewis, Bob Madge, Chris Satterthwaite, Lew Thompson** and **Art Trost** for folding, labeling and stamping, to **Ken Kratz** for photography, **John Lewis** for mailing and **Dick DeVoe** for proof reading. Thanks also to the Rector and staff at St. Paul's Episcopal Church, Walnut Creek for the use of their facilities.



Max, I can clean your clock at Boundary.

Doing Lunch

Sure, Joe. Let's try Contra Costa Country Club.

**Joe Suta & Max Burchett**



Bud Lite has great taste!

Doing Lunch

No! It's less filling!

**Fred Donnelly and Frank McNamee**

Q: There is a river you must cross but it is inhabited by crocodiles. How do you manage it?  
A: You swim across. All the crocodiles are attending the animal meeting.

This tests whether you learn quickly from previous mistakes

**July Birthday Boys**

- Olof Johansson, Barney Meade, John Miller, Bob Walton, Ray Weisz, Sal Costanza, John Lewis, Ed Mendelssohn, Don Duerson, Pete Gates, Vito Magliano, Moe Moran, Bob Schroder, Guy Rudberg**

# SIR CALL *Newsletter*

Sons In Retirement, Inc.  
590 Pine Creek Rd.  
Walnut Creek CA 94598

SirCall@Att.Net

Non profit Org  
US Postage Paid  
Permit No 364  
Concord CA

Time Value  
Mail  
Please deliver  
by June 30



Only 17 showed  
this Friday  
morning.  
Must be the  
chilly weather.